Facilitating Groups: Leader's Guide

By Bob Young

**Definition:** To facilitate, to make easy [questions—dynamics: on subject, related subjects, not stray]

# What is the purpose of the facilitation groups? [Interactive, not more lecture] What do we expect or hope will happen in the groups?

Reacting and expanding the presentations [reflect session, applications, not wander]

Raising questions [clarifications, applications, elaborate?]

Sharpening the concepts

Applying the concepts

How does the presentation meet needs?

Help the growth of everyone in the group, each may apply in slightly different ways

### How does one facilitate? [Establish ground rules]

Model a process; distinguish lecture and summary [be brief, interactive; no single focal point]

Model fruitful discussions [focus, limit length of comment, background of question]

Mutual discovery [don't summarize too quickly; let it sink]

DNA—Discovering, Nurturing, Applying [which is this activity doing? If none, move on pronto]

## Using questions effectively

Testing

Clarifying

**Elaborating** 

Reflecting/deflecting

Supporting/valuing

Checking/building or advancing/redirecting

### **Potential Problems**

Talker

Hesitator

Friendly helper ("expert")

Objective thinker

#### Facilitation—a summary

Come prepared [mentally and spiritually; socially, meet your group as possible]

Pray

Begin timely [end timely]

Explain and reinforce the facilitation model (non-lecture; without extended commentaries)

Encourage multiple responses and points of view, affirm responses, do not reject directly

Encourage group interaction (non-focal point)

Use non-verbal communication to bring in and shut out

Do not fear short silences; resist the temptation to answer

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